

Deployed Resiliency Counselors

Serving YOU at sea



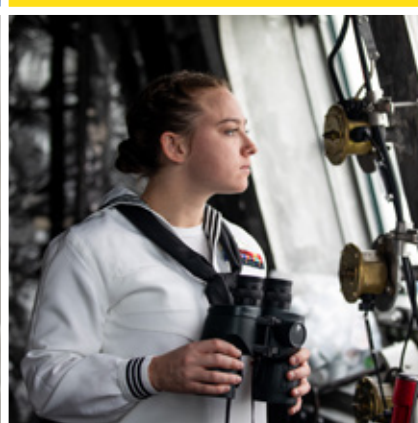
**Feeling overwhelmed?
Need someone to talk to?**

A Deployed Resiliency Counselor (DRC) can help you navigate life's challenges:

- DRCs are professional, licensed counselors located aboard ships.
- DRCs provide non-medical, short-term counseling.
- Services include support for situational stressors such as separation, grief, deployment, relocation, relationship issues, parent-child interactions, and other challenges.

In addition:

- DRCs are certified and trained in the Sexual Assault Prevention and Response (SAPR) Program and also provide support to the Family Advocacy Program (FAP) and the Sailor Assistance and Intercept for Life (SAIL) Program.
- DRCs provide a wide variety of wellness and resiliency workshops and trainings.



DRC contact information:

