



CAUTION

Love Is
Not Abuse.

Learn the
warning signs
of dating abuse.

Talk to us. Help is available.

www.loveisrespect.org • text "loveis" to 22522
call 1-866-331-9474 • www.ffsp.navy.mil

Know the warning signs of dating abuse.

holding down *pushing* STALKING **SLAPPING**
PUT DOWNS *cyber bullying* **threats**
PUNCHING *unwanted sexual advances* **ANGER OUTBURSTS**
STRANGLING **EXTREME JEALOUSY** *feeling unsafe*
HITTING

*Counseling support at your installation
may help. Contact your local FFSC.*

