Where are DRC offices located?

The location of the DRC varies, depending upon the ship’s homeport. Contact information is on the back of this brochure. In addition, if you are unable to locate the DRC, the medical department or chaplain’s office can provide you with their contact information.

DRCs are located on the following ships:

- USS George H.W. Bush (CVN 77)
- USS Dwight D. Eisenhower (CVN 69)
- USS Gerald R. Ford (CVN 78)
- USS Abraham Lincoln (CVN 72)
- USS Nimitz (CVN 68)
- USS Ronald Reagan (CVN 76)
- USS Theodore Roosevelt (CVN 71)
- USS John C. Stennis (CVN 74)
- USS Harry S. Truman (CVN 75)
- USS Carl Vinson (CVN 70)
- USS George Washington (CVN 73)
- USS Bataan (LHD 5)
- USS Boxer (LHD 4)
- USS Essex (LHD 2)
- USS Iwo Jima (LHD 7)
- USS Kearsarge (LHD 3)
- USS Makin Island (LHD 8)
- USS Bonhomme Richard (LHD 6)
- USS Wasp (LHD 1)
- USS America (LHA 6)
What are Deployed Resiliency Counselors?

We all experience ups and downs. At some point, everyone needs help coping with life’s many challenges.

Stress can be caused by family hardships, marital conflicts, parent/child issues, financial concerns, frequent moves, and health and environmental factors, which sometimes can feel even more stressful when you are deployed. We may first try to discuss problems with family, friends or shipmates, but often this just isn’t enough. Sometimes it helps to talk to an experienced counselor.

Deployed Resiliency Counselors (DRCs) are professional, licensed clinicians who are assigned to all aircraft carriers (CVNs) and large-deck amphibious assault ships (LHDs/LHAs) throughout the Navy. DRCs offer confidential, short-term, non-medical counseling at no cost for all active-duty service members while they are deployed aboard the ship or while the ship is in homeport.

When should I seek help from a DRC?

DRCs are available to meet the needs of Sailors.

The Operational Stress Control model can help you recognize the signs and symptoms of stress that may warrant support from your DRC.

Counseling services include support for situational stressors related to:

- Separation
- Grief
- Deployment
- Relocation
- Relationship issues
- Parent-child interactions
- Other challenges of military and family life

DRCs are also certified and trained in the Sexual Assault Prevention and Response (SAPR) Program. They provide immediate advocacy, support and counseling to victims of sexual assault.

DRCs provide a variety of workshops and trainings on core issues such as sexual assault prevention, suicide prevention, and various wellness and resiliency topics.