

## **HQ NAF Work**

Employee's Nan	ne:			N-Code:					
I.		FLEXIBLE WORK SCHEDULE (FWS)							
Effective /	/	, I voluntarily request to participate in a FWS, which is a weekly work period with start times							
varying within a range of 0500 to 0900 (subject to management approval).									
I request my hours of duty to be <i>(check one)</i> and annotate a start and end time (must be the same for each day worked):  *Enter in military time format (i.e. 0830 start time, 1500 end time, etc.)*									
Five 8½-hour working days (includes 30-minute unpaid lunch)				Start Time:	Fime: End Time:				
Five 9-hour working days (includes 1-hour unpaid lunch)				Start Time:	Er	End Time:			
I request to change from a FWS to a CWS. This will require you to fill in Section II and sign.									
II.		COMPRESSED W	ORK SCHEDULE (	(CWS)					
Effective / / , I voluntarily request to participate in a CWS, which is a bi-weekly work period consisting of:									
Eight 9½-hour days (includes 30-minute unpaid lunch) or eight 10-hour days (includes 1-hour unpaid lunch) One 8½-hour day (includes 30-minute unpaid lunch) or one 9-hour day (includes 1-hour unpaid lunch) One regular day off (RDO).  I request my hours of duty to be as follows: *Enter in military time format (i.e. 0830 start time, 1500 end time, etc.)*									
		,	Pay Period Hour		isos ena ume, etal,				
Week 1	Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Start Time									
End Time									
Week 2	Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Start Time									
End Time									
I request to change from a CWS to a FWS. This will require you to fill in Section I and sign.									
III:  I, the employee,  • The effec		and that:	nplementation/ch	nange must sta	rt on the first	day of a pay	period.		

- My manager/supervisor must approve all schedule requests/changes, regular days off (RDOs), and any other work schedules; and must be informed in advance of any changes to desired starting/stopping times.
- Supervisors shall approve or disapprove schedule changes.
- All employees are required to be present during the core hours of 0900 to 1100 and 1300 to 1500.

IV.	EMPLOYEE'S SIGNATURE		
Employee's Signature:		Date:	
V.	SUPERVISOR'S RECOMMENDATION/SIGNATURE		
Approved	Comments:		
Disapproved			
Supervisor's Signature:		Date:	