

Family Advocacy Program (FAP) PSB-CY Services

PSB-CY is an expansion of – rather than a change to – FAP's scope in supporting the safety and resiliency of military families. *Note: The response system for PSB-CY is different from how the Family Advocacy Program responds to child abuse and neglect and domestic abuse.*

Parents/caregivers of children involved in a PSB situation can experience a range of feelings, such as worry, confusion or even anger. We are here to help.

Most children and youth who demonstrate concerning sexual behaviors respond well to informed parent support, increased guidance, supervision, and evidence-based treatment programs. In fact, after these interventions, there are usually no further incidents.

Per Public Law 115-232, Section 1089, the military is mandated to increase awareness of healthy sexual development in children and youth family members by assisting parents with healthy discussions with their children.

The Family Advocacy Program can provide or connect you to:

- Education for parents about what sexual behaviors are developmentally appropriate.
- Child-focused advocacy and support for parents.
- Safety and supervision planning.
- Clinical assessments, counseling and support.
- Case management.

FAP Process for PSB-CY

Concerning sexual behavior is reported to the FAP.



Parents are notified of the referral.



The FAP engages with the Multidisciplinary Team if the incident is determined to be problematic in order to assess risk and safety needs, and to coordinate service and support for all children/family members involved.



A FAP representative will contact you to offer you and your child guidance and support for the next steps.



The FAP can offer you options for information, support and services to help you and your child access the care you need.

Your FAP representative and members of the Multidisciplinary Team are committed to supporting you and your child throughout this process.

Resources

Bright Futures

https://brightfutures.aap.org/Bright%20Futures%20Documents/BF4_HealthySexuality.pdf

Military OneSource

<https://www.militaryonesource.mil/>



Scan for information on PSB-CY.



Learn about healthy sexual behaviors in children.

National Children's Alliance

<https://www.nationalchildrensalliance.org/support-for-military-families/>

National Center on the Sexual Behavior of Youth (NCSBY)

<https://ncsby.org/content/parents>

The National Child Traumatic Stress Network (NCTSN)

<https://www.nctsn.org/resources/sexual-development-and-behavior-children-information-parents-and-caregivers>

Zeiders - Microlearning

<https://ffsp.zeiders.refineddata.com/mod/page/view.php?id=37364>

Your local FAP contact information

Problematic Sexual Behavior in Children and Youth (PSB-CY)

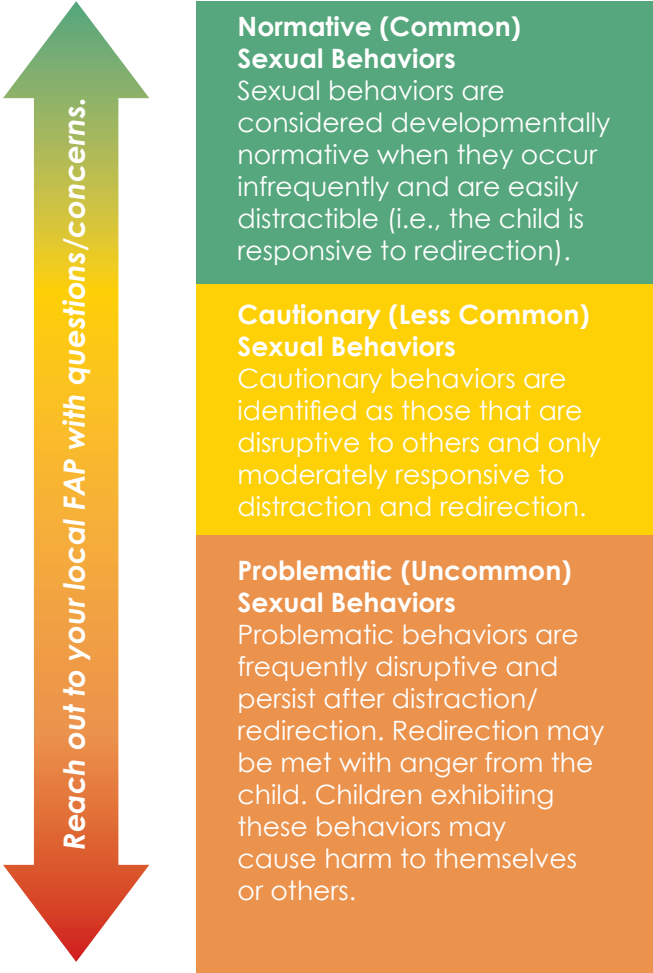
Ages 5-9 Years



What is Problematic Sexual Behavior in Children and Youth?

PSB-CY includes behaviors initiated by children and youth under the age of 18 that involve sexual body parts (genitals, anus, buttocks or breasts) that are not typical sexual behaviors and are developmentally inappropriate, or potentially harmful to the individual(s) initiating the behaviors, the individual(s) impacted by the behaviors or others.

Children’s sexual behaviors are on a spectrum, as seen below.



Sexual Behaviors Guide – Ages 5-9 Years

Normative “Common” Sexual Behaviors

- ☐ Occasionally self-touches and masturbates in private
- ☐ Awareness of privacy about bodies
- ☐ Kissing or holding hands
- ☐ Kisses/hugs familiar adults and children
- ☐ Has erections
- ☐ Uses profanity for bathroom and sexual functions
- ☐ Telling inappropriate jokes and/or uses sexually explicit gestures
- ☐ Plays games with peers related to sex and sexuality (e.g., *show me yours, I'll show you mine* behavior)
- ☐ Playing doctor or nurse inspecting others' body parts
- ☐ Conversations about genitalia, breasts, or buttocks with peers
- ☐ Interested in watching/peeping at people who are nude or going to the bathroom
- ☐ Wanting to learn about genitalia, intercourse, babies
- ☐ Interest in breeding behavior of animals
- ☐ Draws genitals on human figures for artistic expression or because figure is portrayed in the nude
- ☐ Looks at nude pictures on the internet, videos, magazines, etc.
- ☐ Accidentally accesses pornography online or offline

Cautionary “Less Common” Sexual Behaviors

- ☐ Masturbates, touches/rubs, or exposes genitalia in public
- ☐ Kisses/hugs unfamiliar adults and children
- ☐ Touches other children's or animals' genitalia, breasts, or buttocks, clothed or unclothed
- ☐ Occasional incidents of looking at others' genitalia, breasts, or buttocks; *showing their own* genitalia, breasts, or buttocks; or *rubbing their own* genitalia, breasts, or buttocks on others, after adult redirection and beyond developmental age expectations
- ☐ Frequently uses sexual language that makes other children uncomfortable
- ☐ Wants to play games related to sex and sexuality with children 2+ years younger or older in chronological age (special attention paid to 2+ age differences and any developmental or power differential differences)
- ☐ Engages in foreplay with dolls or peers with clothes on
- ☐ Engages in sexually explicit conversations with peers
- ☐ Draws genitals that are disproportionate on nude or clothed figures
- ☐ Sends or asks to receive pictures of genitalia, breasts, or buttocks
- ☐ Shows interest in and/or seeks out pornography (e.g., non-accidental, finds ways to watch pornography)

Problematic “Uncommon” Sexual Behaviors

- ☐ Compulsive masturbation in private or public
- ☐ Mutual masturbation with a peer or group
- ☐ Masturbation that includes vaginal or anal penetration and/or the use of objects
- ☐ Any genitalia injury or bleeding not explained by an accident
- ☐ Repeatedly touches others' genitalia, breasts, or buttocks
- ☐ Has mouth to genitalia contact with other children
- ☐ Repeatedly looks at others' genitalia, breasts, or buttocks; *shows their own* genitalia, breasts, or buttocks; or *rubs their own* genitalia, breasts, or buttocks against others, after adult redirection and beyond developmental age expectations
- ☐ Engages in oral, anal, or vaginal penetration with another child
- ☐ Engages in sexually exploratory behaviors with another child who is 2+ years younger or older in chronological age (special attention paid to 2+ age differences and any developmental or power differential differences)
- ☐ Painful erections or hurting self to stop erections
- ☐ Imitates sexual behavior (e.g., *simulating intercourse with dolls, peers, or animals*)
- ☐ Initiates or participates in sexually explicit conversations with another child(ren) 2+ years younger or older in chronological age (special attention paid to 2+ age differences and any developmental or power differential differences)
- ☐ Engages in sexually explicit conversations with peers after adult redirection and beyond developmental age expectations
- ☐ Using physical force on others to engage in sexual acts (e.g., *restraining the child while engaging in sexual play/games*)
- ☐ Uses emotional coercion to get others to engage in sexual acts (e.g., *will threaten to exclude the child or tell a secret if the child does not take clothes off and play doctor*)
- ☐ Has advanced knowledge about sexual acts
- ☐ Draws sexual images (e.g., *intercourse, group sex, sex with animals, sadism, etc.*) and/or genitalia stand out as most prominent feature
- ☐ Taking and/or sharing nude sexual images of themselves or others with or without their knowledge on social media, text, and/or internet
- ☐ Meets *friends* met online face to face (*risk of sexual assault*)
- ☐ Asks to watch sexually explicit material on television or the internet
- ☐ Accesses or shows pornography to others
- ☐ Intentionally accesses pornography and/or plays violent or sexual video games
- ☐ Sexual play or masturbation with an object that involves anal or vaginal penetration