

SAIL



Sailor Assistance & Intercept for Life

Instilling Hope. Saving Lives.

What is the SAIL Program?

Sailor Assistance and Intercept for Life (SAIL) was launched Navy-wide in December 2016. SAIL is an evidence-informed approach to intervention that provides rapid assistance, ongoing risk assessment, care coordination and reintegration assistance for Sailors identified with suicide-related behavior (SRB) to include a suicide attempt or suicidal ideation. SAIL is not designed to replace suicide prevention efforts nor replace mental health services and is voluntary.

What Provides

- Rapid assistance and ongoing case management during a critical time
- Ongoing risk assessment, screenings and safety planning
- Care coordination to connect Sailors with needed services during a critical time
- Reintegration support to mission readiness

Command's Responsibility

***OPNAVINST 1720.4B** requires commanding officers (CO's) to ensure that Suicide Prevention Coordinators (SPCs) refer all Sailors who experienced SRBs to the SAIL program.

***NAVADMIN 021/21** requires (CO's) to ensure that Sailors who have experienced an SRB contact the nearest Fleet and Family Support Center for SAIL services.

Suicide Prevention Coordinator's Responsibility

***OPNAVINST 1720.4B**, Suicide Prevention Program, the SPC's role is to be fully trained on suicide prevention and is to schedule command trainings on suicide prevention as well as advise command leadership on issues related to suicide prevention.

*To access the SAIL Point of Contact (POC) list, please visit link below:
<https://flankspeed.sharepoint-mil.us/sites/CNICHQHub/n914/SitePages/SAIL.aspx?ga=1>

**Each Navy command should have a SPC assigned. SPCs are responsible for making referrals to the SAIL program.*



How to Make Command Referrals?

Command referrals are mandatory and must be made by submitting an email to: mill_n17_SAIL.fct@navy.mil. Please include **SAIL** in the subject line.

The email should include the:

- a. OPREP/SITREP DTG
- b. Date of incident
- c. Sailor's last name
- d. Sailor's first name
- e. Sailor's middle initial
- f. Sailor's rank
- g. Sailor's work phone
- h. Sailor's email address
- i. Sailor's personal number
- j. Sailor's current location (city, state, country); please note here if Sailor is currently hospitalized
- k. For Reserve Component Sailors only, indicate status (FTS, SELRES on orders, SELRES not on orders)
- l. Base/installation
- m. Command
- n. Region
- o. Commanding officer's name
- p. Commanding officer's phone number
- q. Commanding officer's email address
- r. Additional information (e.g. alternate Triad's contact information)

If you have any questions, please contact the Navy Suicide Prevention Branch (901-874-6613/DSN 882).

